

LA FORTUNA – HIGHLIGHTS

La Fortuna is a paradise for nature lovers and adventurers. The region impresses with its unspoiled beauty, diverse landscapes, and rich wildlife.

I Luxury Spa Retreat

Hot Springs and Spas

Hot springs are a must "see and feel" activity in the Arenal area. There are many options to choose from, offering distinct but equally relaxing experiences.

Eco Termales Hot Springs, just a 10 minutes drive from the Villa, offers a serene adventure and the perfect blend of relaxation and wildlife exploration. It is a sanctuary of pleasure, nature and beauty. The pools range from a warm 32°C (90°F) to a steamy 41°C (106°F). They start cooler and get hotter the farther up the property you go.



Massage



Helping to align your body, mind and spirit with restorative treatments such as massage therapy in La Fortuna's tranquil and transformational environment. Massage has many benefits from relaxing tired muscles to improving circulation and reliving tension and stress.

Relax amongst the nature of Costa Rica's tropical rainforest, where the melodious sounds of mother earth carry your mind and soul to a place of inner peace. Enjoy your massage **directly in the villa.**

Coffee and chocolate tour

Don't miss this special experience that is near to the roots of Costa Rica. If you are a coffee or chocolate lover you are in the right place. Experience the process starting from plantation, to roasting and finally enjoy your coffee or chocolate surrounded by the amazing jungle.

At Northfield Coffee, just 2 minutes drive from our Villa, you can find a traditional and authentic coffee experience.



■ Outdoor activities

Check out the best adventure activities in Costa Rica such as volcano hikes, swimming in a volcanic crater, canyoning, waterfall rappelling, mountain biking, stand up paddle boarding, kayaking and whitewater rafting are among the activities on offer from La Fortuna.

M Parque Nacional Volcán Arenal



The park is rugged and varied, with about 15km of well-marked trails that follow old lava flows. Hikers routinely spot sloths, coatis, howler monkeys, white-faced capuchins and even anteaters.

Parque Nacional Volcán Arenal is approximately 17 km west of La Fortuna. The main park entrance is on the road to El Castillo (turn off the main road 13km west of town). It's easiest to reach the park by car or on a tour – ask us for an effortless organization of your preferred tour.

Mistico Arenal Hanging Bridges Park

Enjoy incredible adventure tours in the tropical rain forest through hanging bridges in front of the majestic Arenal Volcano in La Fortuna. We recommend starting early in the morning, because there will be a lot of tourist arrivals later during the day.

Length: Total 3.2 km (1.9 miles), short version 1.9 km (1.2 miles)

Duration: Approximately 2.5 hours



Stand up paddle on the Lake Arenal

Practice paddleboarding on calm and crystal-clear waters, while exploring the most beautiful corners of the lake. Our expert guides will provide you with useful tips and teach you the proper techniques to maximize your experience. Whether you are a beginner or an experienced paddleboarder, paddling lake Arenal is perfect for all skill levels.



M Fishing in Lake Arenal

Enjoy Costa Rica's largest lake and learn fresh water fishing on Lake Arenal. With experienced guides you can spend some hours or a whole day on the water - offering a unique perspective on the volcano. Catch your own dinner or check some fish of your bucket list.

Frequent catches may include Rainbow Bass (Guapotes), Machaca and Tilapia (although not originally from Lake Arenal). Also great with kids who can celebrate their first catch in beautiful Costa Rica!



Pure Trek Canyoning



Rappel down waterfalls in the shadow of Arenal Volcano on this exciting rain forest adventure just outside of La Fortuna. As you journey into the dense forest, experienced guides will equip you with all the necessary gear. Be prepared for an action-packed course featuring not only rock climbing but also the thrill of rappelling down a waterfall. A heart-pounding adventure amid nature's raw beauty.

White Water Rafting

White-water rafting is an excellent choice for those craving an extreme adventure. On the Upper Balsa River you can paddle down a nearly uninterrupted six-mile (9.6 kilometers) stretch of tumultuous white water - a unique route that many rafting companies don't explore. The tour also includes a refreshing stopover at the El Salto swimming hole and a delightful lunch. Alternatives are tours of varying difficulty on the Sarapiqui river where also white water kayaking can be practiced if you are interested in an individual experience.



W Zip line



Embrace the thrill of zip-lining through Costa Rica's lush jungle landscape. As you glide high above the canopy, you will enjoy an unrivaled bird's eye view of the vibrant rainforest ecosystem. This high-flying adventure is a must for nature lovers and thrill-seekers alike, offering an exhilarating immersion into the heart of the jungle.

M. Horseback Riding to Arenal Volcano

Embarking on a horseback riding journey in Costa Rica, from the active Arenal Volcano to its historic lava flows, is a captivating adventure. Riders traverse through rich rainforests teeming with wildlife, ascending to the desolate beauty of the hardened lava fields. An experience to remember for outdoor and horse lovers alike.



III Wildlife watching

One of the greatest thrills of spending time in Costa Rica's national parks is the chance to see fantastic birds, bugs, reptiles and mammals in their natural habitat. You don't have to go far to catch a glimpse of playful monkeys, sleeping sloths and ostentatious birds flitting about the treetops. Surrounded by many rivers, springs, and forests, La Fortuna is home to different species of birds, frogs, butterflies, monkeys, sloths, deer, snakes, and pumas, jaguars, and others.

Bird watching and frog tours

Exploring Costa Rica through bird and frog watching tours is an unforgettable adventure. With over 900 species of birds and a myriad of unique frogs, each tour emerges as a riveting journey through nature's vibrant tapestry. It's more than just sightseeing, it's an insightful experience into the heart of Costa Rica's remarkable biodiversity. We highly recommend doing one of the night tours to spot frogs and maybe you are lucky and spot some of the snakes.



Sloth tour



Venturing into Costa Rica's lush rainforests for sloth watching is a unique and thrilling experience. The sight of these gentle and endearing creatures leisurely dangling from tropical treetops or napping in tree forks is simply mesmerizing. This distinctive wildlife encounter offers a privileged glance into the intriguing life of one of the world's most intriguing and loved mammals.

Rainforest hikes and guided walks

Immerse yourself in Costa Rica's lush landscape with invigorating Rainforest hikes, guided walks through the forest canopy at Místico Hanging Bridges Park, Sloth tours, as well as World Class Bird Watching near the Arenal Volcano.

Options for all levels and interest can be organized.



Safari Float on the Sarapiqui River



Be prepared for the BEST Safari Floating in the northern zone of Costa Rica. Discover the richness of Costa Rica's natural world with a Jungle Safari Float, a serene two-hour journey down the tranquil lower stretch of the Sarapiqui River. Ideal for nature enthusiasts of all ages, this family-friendly adventure is perfect for both children and their parents. Enjoy great views of Great Curassow, Green Ibis, Bare- throated Tiger-Heron, Amazon and Green Kingfishers and more. What a relaxing way to enjoy exciting birds!

Location: La Virgen / Sarapiqui 1.5 h drive from La Fortuna (transport can be organized)